

Executive summary of **PPE 687 PM**

"LINK: Enhancing the link between HIV prevention, screening, treatment and care for the health of key populations"

1. Stepping up: Scale up the efforts in HIV education and testing through multimedia and platforms with community stakeholders

-Aim and Objectives

1. Improve knowledge about HIV risk and attitudes towards HIV infection among men who have sex with men (MSM);
2. Minimize the chance of HIV infections caused by Chem Fun; and
3. Enhance the accessibility of HIV testing among MSM.

- Project design

This project aimed to recruit MSM through physical outreach, internet/ social media outreach, volunteer group development and campaign activities. It shared HIV related knowledge and testing promotion to build participants motivation to reduce risk behaviour as well as to minimising HIV related harm.

The identified MSM were encouraged to receive free HIV testing at AIDS Concern's testing centre, mobile sites and the testing service vehicle.

Meanwhile, in order to ensure community participation in the service, community members were recruited as supporters of the service. They helped to deliver HIV testing services to the community following intensive training on the testing and counseling service, or by conducting the outreach service together with staff members.

- Target population

1. Men who have sex with men (MSM)

- Main achievements

1. 30,967 MSM reached and motivated to HIV testing, via physical venues and ICT platforms intervention
2. 7,326 tests conducted for MSM
3. 90 HIV positive cases identified
4. 14 MSM testing peers recruited and trained
5. 47 MSM education peers recruited and trained

- Conclusions

With reference to the high HIV infection rate among MSM, scaling up coverage of HIV testing to the community is essential for HIV prevention. As the largest HIV testing service provider among NGOs, AIDS Concern aims to provide a testing service with quality counseling support and convenience. The number of HIV positive cases being identified by this service and the risk profile of the people using the service shows that it is important to maintain focus on this high risk population.

PPE 687 PM 的執行摘要

“鏈接：加強愛滋病毒的預防、檢測、治療和關懷之間的聯繫，以確保目標人群的健康”

項目 1. 透過與社區持份者合作於多媒體平台提供更廣泛愛滋病毒教育和測試工作

-目標

- 1.增進對男男性接觸者社群愛滋病毒感染風險和態度的了解；
- 2.減少由化藥愛引起的愛滋病毒感染的機會；和
- 3.增強男男性接觸者社群中愛滋病毒檢測的可及性。

-項目設計

該項目旨在通過場所外展，互聯網/社交媒體外展，義工培訓及推廣活動來招募男男性接觸者社群。透過分享愛滋病毒有關的知識，以減少社群風險行為，增強接受愛滋病毒抗體測試的動機。他們可以前往測試中心、各區合作點或流動檢查站免費接受愛滋病毒抗體測試。同時，為了確保社區參與該服務，社區成員被招募為該服務的支持者。在對檢測和諮詢服務進行了深入培訓之後，或者通過與員工一起開展外展服務，他們幫助向社區提供了 HIV 檢測服務。

-目標人群

1. 男男性接觸者社群（MSM）

-主要成果

- 1.透過場所和網上平台外展，接觸男男性接觸者並提升了他們進行愛滋病毒抗體測試的動機共到了 30,967 次
2. 向男男性接觸者社群提供愛滋病毒抗體測試共 7,326 次
- 3.確認了 90 個愛滋病毒陽性個案
- 4.招募和培訓了 14 名男男性接觸者義工並協助提供測試服務
- 5.招募和培訓了 47 名男男性接觸者成為朋輩教育員

-結論

鑒於男男性接觸者於愛滋病毒流行上佔高感染率比例，將愛滋病毒抗體檢測範圍於社群內擴大其覆蓋率是必要的。“關懷愛滋”每年提供的檢測數量於非政府組織中佔著最大的比例，而服務在優質輔導支援及服務便利度下，確定的陽性個案以及使被評為高風險行為人群數量均表明，服務對疫情管理有著一定程度的位置保持對這一高風險人群的關注很重要。

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2. POZ Life: Building a healthy community of People living with HIV (PLHIV)

.-Aim and Objectives

1. Ensure PLHIV support system access through timely medical and psychological services (Individual level)
2. Provide support to PLHIV's significant others/care givers so that they will be to mutually support (interpersonal level)
3. Foster a supportive environment to people affected by HIV via public education with participation of PLHIV (Community and society level)

- Project design

This project emphasized the importance of connection between screening, access to treatment and drug adherence for newly diagnosed cases. Therefore, this project provided one stop service including immediate counseling support, information provision, partner notification, psychological, physical and emotional support, and escort service to help users access their first medical appointment, regular case review.

In order to foster a greater participation of PLHIV (GIPA), this project recruited PLHIV as mentors to support newly diagnosed PLHIV to overcome obstacles encountered at an early stage. Regular recreational, therapeutic or informative sessions were organized so as to develop a knowledge learning platform and a mutual aid support network.

- Target population

1. Newly diagnosed HIV positive service users
2. Existing people living with HIV

- Main achievements

1. 102 newly diagnosed PLHIV who received escort service on treatment to HIV clinic
2. 93 %(year 1) and 98 %(year2) of newly diagnosed PLHIV served engaged in HIV specialist service
2. 119 PLHIV joined mutual aid support group

-Conclusions

Due to advances in medical treatment, the clinical management of the HIV/AIDS has improved and a patient's active participation in treatment has become a core factor in the success to the epidemic control. Therefore, a one stop service for PLHIV is essential to ensure their motivation in accessing treatment as well as maintain good drug compliance. Medical, personal and psychosocial supports are important to achieve "treatment as prevention". Moreover, a supportive environment needs to be established in order to eliminate obstacles which block people living with HIV from accessing treatment.

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項目 2. POZ 生活：建立一個健康的愛滋病毒感染者社區（PLHIV）

-目的與目標

1. 透過適時的醫療和心理服務，確立感染者的支援系統
2. 向感染者的照顧者及親友提供支援，並組織成互助網絡
3. 透過由感染者參與提供的公眾教育，為感染者締造正面及支援性的社會環境

-項目設計

該項目強調了新診斷個案的檢測、跟進治療及藥物依從性之間聯繫的重要性。因此，該項目提供了一站式服務，包括即時輔導、提供準確相關資訊、支援通知伴侶有關感染的狀況、心理、生理和情感支持以及就診支援服務，以確保感染者盡快獲得首次就診及定期覆診。

為了促進感染者更多的參與，該項目招募感染者作為過來人，以支援剛確診的感染者克服早期遇到的障礙。此外，該項目亦定期舉辦康樂活動，治療小組或信息交流會，從多方位照顧感染者不同的需要。

-目標人群

1. 新診斷的感染者
2. 已確診的感染者

-主要成果

1. 為 102 位剛確診感染者透過就診支援成功與醫療系統接軌
2. 93%（第 1 年）和 98%（第 2 年）的剛確診感染者轉介至愛滋病專科診所
2. 119 名感染者加入了互助小組

-結論

隨著醫學的進步，愛滋病的臨床管理越趨成熟，然而感染者是否積極參與治療已成為成功控制流行病的關鍵。因此，為感染者提供一站式服務，包括醫療，個人和社會心理支持，能提升他們接受治療的動機及保持良好的藥物依從性，從而實現“治療即預防”的防治概念。此外，社會亦需要為感染者建立一個支持性環境，以消除感染者接受治療的心理障礙。

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3. KNOW your risk, KNOW your status: Enhance the Male clients of female sex workers' (CFSW) understanding in risk of HIV infection and awareness of HIV testing

-Aim and Objectives

- Enhance the awareness of CFSW towards their risk of HIV infection with appropriate action
- Provide HIV testing among CSW with risk of HIV infection
- Create supportive environment for CFSW to know their risk of HIV infection and HIV status
- Analyze the sexual behaviour of CFSW

-Project Design

This project aimed to identify those CFSW with high risk of HIV infection by providing them with information and tools to help them know their risk of HIV infection accurately and take action for HIV testing at an early stage. Apart from intervention at individual level in physical and internet platforms, campaigns and partnerships with community stakeholders were important. This included partnerships with NGOs, private/public clinics and companies related to the CFSW.

-Target population

Male clients of female sex workers (CFSW)

-Main achievements

1. 1,862 HIV tests provided to CFSW in centre and outreach venues.
2. 5,359 contacts of CFSW reached via sex and entertainment venues outreach.
3. 5,975 contacts of CFSW reached via social media and internet based intervention.
4. 16 male-oriented services and NGOs partnerships established.

-Conclusions

Though the reported HIV cases from heterosexual male population have become stable in recent years, according to service data, the level of consistent condom use between CFSW and their casual sex partners was not as low as we want to see (69%). Online intervention is essential to reach out CFSW following the growth in popularity of internet communication. Meanwhile, collaborations with stakeholders allow us to connect with CFSW from through virtual and actual platforms.

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項目 3: 了解您的風險，了解您的狀態：增強女性性工作者的男性顧客

對 HIV 感染風險的了解以及對 HIV 檢測的認識

-目標

1. 通過採取適當的行動，提升女性性工作者的男性顧客對感染風險的意識
2. 向具感染風險的女性性工作者的男性顧客提供愛滋病毒抗體測試
3. 為女性性工作者的男性顧客創建支援環境，以促進了解其感染愛滋病毒的現況
4. 分析女性性工作者的男性顧客的風險行為模式

-項目設計

該項目旨在透過向女性性工作者的男性顧客提供信息和工具，從而辨別出較風險的一群，並協助他們及早接受愛滋病毒抗體測試。除了在場所和網上外展之外，與不同持份者的合作及宣傳企劃的推廣也很重要。這包括與非政府組織、私人/公共診所以及與社群相關的單位的合作夥伴關係。

-目標人群

女性性工作者的男性顧客

-主要成果

1. 於中心及外展場所提供了 1,862 次愛滋病毒抗體測試
2. 透過場所外展活動，接觸女性性工作者的男性顧客共 5,359 次
3. 透過社交媒體和網上外展，接觸女性性工作者的男性顧客共 5,975 次
4. 與 16 個提供男士專屬服務的單位或非政府組促成合作伙伴關係

-結論

根據官方呈報數字，儘管異性戀男性於新增愛滋病毒病例近年來已漸趨穩定，但在該服務的數據發現，女性性工作者的男性顧客和其非固定性伴侶安全套使用率比預期低（69%）。隨著互聯網通訊的普及，網上外展介入日趨重要。同時，不同持份者的合作使我們能夠通過場所及網上平台與女性性工作者的男性顧客建立聯繫。

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4. Enhance the awareness of HIV prevention and testing of the ethnic minorities who are at risk of HIV infection

-Aim and Objectives

- To enhance HIV/STIs and health knowledge of sexually active Indonesian and Filipino female and African ethnic minorities
- To enhance HIV/STIs testing and voluntary counselling and testing (VCT) service awareness of sexually active Indonesian and Filipino females and African ethnic minorities
- To deliver culturally sensitive anti-stigma education, counselling and post-test follow-up service to HIV positive Indonesian and Filipino females and African ethnic minorities, their family and stakeholders
- To understand HIV-related knowledge, attitudes, behaviour and needs of sexually active Indonesian and Filipino females and African ethnic minorities.

-Project Design

This project targeted Indonesian and Filipino females and Africans and provided HIV education, testing and PLHIV support through physical and internet outreach, partnership with EM NGOs and peer educator development, in order to motivate those with high risk of HIV infection to do testing at an early stage.

- Target population

Indonesian and Filipino females and Africans.

- Main achievements

1. 594 HIV tests provided to ethnic minorities
2. 1,009 contacts of Indonesian and Filipino female ethnic minorities engaged in HIV/STIs, sexual health and testing knowledge conversations at internet outreach.
3. 375 participants attended HIV/STIs, sexual health, and testing knowledge workshop in partnership programme

- Conclusions

According to the data of this project, we found that 78% of the Indonesian, 79% of Filipino and 60% of Africans received their first HIV test ever at our service. Lack of knowledge, poor access to government sexual health services in Hong Kong and fear of disclosure of HIV status to their employer if they received a HIV positive testing result are core factors preventing action on health for these populations. This project contributes to the community by providing accurate knowledge, time friendly HIV testing and stigma reduction program, in order to support and build their HIV protection.

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項目 4. 增強對易感染艾滋病毒的少數民族的艾滋病毒預防和檢測的認識

-目標

1. 向印尼及菲律賓女性和非洲裔的性活躍人士，加強愛滋病毒/性傳播感染和健康知識教育
2. 對印尼及菲律賓女性和非洲裔的性活躍人士，提升對自願輔導和測試（VCT）服務的認識
3. 為感染愛滋病毒的印尼及菲律賓女性和非洲裔人士及其親友，提供具有文化敏銳度的愛滋病除污名教育、輔導和測試後跟進服務
4. 了解印尼及菲律賓女性和非洲裔的性活躍人士，對於愛滋病相關知識，態度，行為和需求。

-項目設計

該項目針對印尼和菲律賓的女性和非洲裔人士，並透過場地及網上外展、與非政府組織的伙伴協作以及朋輩教育員培訓的發展，提供愛滋病毒教育、測試和感染者支援，以鼓勵上述社群之高風險人士盡早接受愛滋病毒抗體測試。

-目標人群

印尼及菲律賓的女性和非洲裔人士。

-主要成果

1. 向印尼和菲律賓的女性和非洲裔人士提供愛滋病毒抗體測試共 **594** 次
2. 向印尼及菲律賓女性於網上提供有關愛滋病毒/性傳播感染及性健康等知識交流共 **1,009** 次
3. 共 **375** 名印尼及菲律賓的女性和非洲裔人士參加了合作夥伴計劃中的愛滋病、性傳播疾病以及性健康知識研討會

-結論

根據該項目的數據，我們發現 **78%** 的印尼女性，**79%** 的菲律賓女性和 **60%** 的非洲裔人士於該服務接受了人生首次愛滋病毒抗體測試。缺乏知識、在香港難以獲得政府的性健康服務以及擔心向其雇主披露感染狀況，都是不採取保護措施的主因。該項目通過提供準確的知識、及時的愛滋病毒抗體測試和減少污名化計劃，為社區做出了貢獻，以支持和建立他們的愛滋病毒防護體系。