# Executive Summary of PPE 682 PM:

# Integrated HIV / AIDS / STI Prevention Management for Men who have sex with Men

綜合愛滋病 / 性病預防 - 男男性接觸者

## Aim and Objectives

The overall aim of the project is to provide HIV and STI preventive intervention, empower and engage the young MSM community in order to practice safe sex, by increasing HIV/STI knowledge and awareness, promoting early HIV and STI screening and ensuring early treatment.

## 目的與目標

這計劃的整體目標是通過提供愛滋病毒和性病的預防措施,推動及鼓勵年輕的 男男性接觸者社群能夠實淺安全性行為,並且增強社群對愛滋病病毒和性病的 認識,宣傳愛滋病病毒和性病的篩查,確保能及早治療。

# Project design

In this programme comprises health promotion, disease prevention and health protection actives. It consists of theories Health Belief Model, social cognitive theory, self-determination theory, risk reduction model are commonly used psychological behavioral theory, was used as the theoretical framework for variable selection. The programme has provided outreach, HIV and STI screening test and counseling (including home test), training and mutual group for MSM and distribute and deliver safer sex kit.

#### 計劃設計

本計劃包括健康宣傳,疾病預防和衞生防護相關的活動。當中運用不少理論框架去應用於不同活動情況,包括:健康信念模式,社會認知理論,自我決定理論及降低風險模式等常用的心理行為理論。本計劃提供外展服務,愛滋病病毒和性病篩查測試以及輔導與諮詢(包括家用測試),並且為男男性接觸者社群提供培訓及互助小組中派發性健康宣傳品。

Target population

Men who have Sex with Men

目標群體 男男性接觸者

#### Main achievements

Between 1/9/2017 and 31/8/2018, we conducted a total of 510 outreach sessions (including internet outreach and community outreach). We provided 120% VCT services of targeted number and delivered more than 28000 safer sex kit.

### 主要成就

由 1/9/2017 至 31/8/2018,我們進行了共 510 節外展,當中包括網上及社區外展。於性病快速測試方面,我們亦達成了 120% 的目標人次,並派出超過 28000 盒性健康宣傳品。

#### Conclusions

To conclude, this programme has exceeding the targeted outreach coverage, successfully reached out to the targeted MSM and provided the platform to change their attitude and knowledge of HIV and STI. Moreover, we scaled up VCT in order to increase linkage to care.

#### 總結

總括而言,這個計劃已經超額完成外展的目標,成功接觸到男男性接觸者目標 群體,為他們提供一個平台去了解更多愛滋病病毒和性病的知識,建立正面的 態度面對。此外,我們亦擴大了性病快速測試規模,籍此增強社群對性健康的 關注。