

Executive Summary for PPE 659 PM

Project: Young female sex workers peer education through internet media project (PPE 659 PM) (Project 1 and Project 2)

Project 1: Young female sex workers peer education through internet media project

- Aim and Objectives

The ultimate aim of the project is to enhance the awareness of safer sex practice and promote the culture of condom use within the young female sex workers community by peer education.

- Project design

PPE659 target for young women under 25 years old who work in sex industry including nightclub and especially internet. Young women who are selling sex in less accessible establishments are isolated from most of the social resources, and are lack of sexual health knowledge, which lead them to the most vulnerable position in HIV/AIDS prevention.

This project use Peer education as tactic to enhance the impact of HIV prevention. Peer educators who are or were sex worker had been trained for HIV prevention and basic counseling skills. Also, new technology was used including smart phones and messaging applications to keep track on the community and provide HIV prevention education with non-judgmental approach.

- Target population

This project target young women who are selling sex under 25 years old, especially who work through internet. The mobility of this target group is high but less experience in sex industry and lack of safer sex knowledge.

- Main achievements

This project was successfully provide HIV prevention to young female sex workers who are selling sex on Internet. 10peer educators were trained during the project period; approached 1265 young female sex workers under 25 years old; 4676 times, and more than 483 of them took the HIV test. According to the statistics, the rate of young female sex worker we approached are agreed to use condoms increased by 28% and the rate of taking voluntary HIV test increased by 21%. This result shown that the project was

impactful for the target community.

- Conclusions

Young female sex workers selling sex online was being concern in the recent years. This project shed the light on the importance of HIV prevention education of this community. By using peer education tactic, the project gain trust within the community and promoted HIV prevention and accurate safe sex knowledge to young female sex workers.

Project 2: Young female sex workers harm reduction counseling project

- Aim and Objectives

The ultimate aim of the project is to reduce the young female sex workers' risk of HIV infection through counseling.

- Project design

The project 2 continues with project 1, which focuses on young female sex workers. This project fill in the services gap to project in-depth counseling interventions to the young female sex workers we approached at outreach and referral by other schools and NGOs.

- Target population

Young female sex workers who are under 25 years old, especially who are referral by schools and other NGOs.

- Main achievements

The project successfully provided 490 sessions of counseling to 70 young female sex workers, and more than 75% of them agreed that the project is helpful for them to overcome the difficulties to achieve safer sex practices. Also, the project provided 45 HIV and sexual health related workshop to schools.

- Conclusions

The success of this project proved that in-depth counseling is useful for female sex workers to overcome the obstacles of safer sex practices, especially for the younger generation. Also, cross sectors cooperation also allow us to provide services to more young female sex workers who work underground.

項目： PPE 659PM 針對以互聯網為媒介的青少女性工作者同伴教育計劃

目標：

以同伴教育為介入點，擴闊及進深青少女性工作者群體的愛滋病預防教育，提升青少女性工作者使用安全套比率、提高安全性行為意識、推廣愛滋病檢測文化。

項目設計：

項目延續 PPE 659PM 計劃一主要針對於互聯網工作的青少女性工作者，提升於群體中，青少女性工作者使用安全套比率、提高安全性行為意識、推廣愛滋病檢測文化。同時，透過朋輩輔導理論，培訓出一群青少女性工作者朋輩輔導員，以自身經驗鼓勵其他同行者行愛滋病檢測，提醒她們進行安全性行為的重要性。

計劃由 2016 年 5 月份開始，由項目經理負責策劃及執行，包括在項目推行期間，由項目經理提供免費性病檢查(愛滋病、梅毒)。另外，亦透過工作坊及聯繫，培訓青少女性工作者為朋輩輔導員，協助進行外展工作。

於項目進行期間，愛滋病信託基金的支持令項目能接觸青少女性工作者，並進行更深入的愛滋病預防教育，檢測轉介。

目標群體：

項目針對 25 歲以下性行為的年輕女性，特別是通過互聯網工作的女性。 這個目標群體的流動性很高，但在性行業方面的經驗較少，缺乏安全的性知識。

成果：

該項目成功地為在互聯網上年輕女性性工作者提供愛滋病預防教育。在項目期間，共有 10 名年輕女性性工作者接受了培訓，成為朋輩輔導員。同時，計劃亦接觸了總共 1265 名(4676 人次)25 歲以下的年輕女性性工作者，當中超過 483 人接受了愛滋病毒檢測。據統計，有 28%接受服務的年輕女性性工作者改善使用安全套習慣，自願愛滋病毒檢測率增加 21%。

總結：

計劃進程指標及成效指示證明朋輩輔導理論對這群流動性強，並以互聯網為媒介的年輕女性性工作者非常有效。在項目期間，我們鞏固了一群於娛樂場所以外工作的女性性工作者，特別是新型的 Part time Girlfriend，讓新入行的青少女性工作者認識愛滋病相關的知識，並提升她們使用安全套及作性病檢測的意識。我們建議機構於將來應鞏固現有及開拓新媒介的網上外展。

計劃二：青少女性工作者緩害輔導計劃

項目目的：

透過深入輔導介入，達至長期改變青少女性工作者的高危性行為模式，減低她們感染愛滋病的風險，達至緩害效果。

項目設計：

項目延續 PPE 659PM 計劃一主要針對於互聯網工作的青少女性工作者，提升於群體中，青少女性工作者使用安全套比率、提高安全性行為意識、推廣愛滋病檢測文化。根據機構數據，於互聯網工作的青少女性工作者大部分為 16-25 歲，更有低於 16 歲的青少女從事「援交」工作，由於她們大部分視自己為業餘，所以流動性強，而且隱蔽性高。「青少女性工作者緩害輔導計劃」希望填補服務空隙，透過深入輔導介入，達至長期改變青少女性工作者的高危性行為模式，減低服務對象感染愛滋病的風險，達至緩害效果；另外，亦會主動聯絡全港的大專、中學、以及青少年/家庭服務中心，接收個案轉介，以及個案支援工作，以填補互聯網未能接觸到性工作者次社群。

目標群體：

項目針對 25 歲以下性行為的年輕女性，同時亦接受其他中學或機構轉介個案。

成果：

計劃共提共 490 節輔導給 70 名年輕女性工作者，當中有高達 75% 接受輔導的個案認為輔導過程有助她們實踐安全性行為，成績令人鼓舞，相信與增加個別個案輔導時數有關係。另外，計劃期間總共有 22 間接受愛滋病預防及其他相關性健康培訓及資訊的團體，包括大專院校及中學，當中總共進行為 45 節次工作坊/講座。

總結：

計劃為第一年的新嘗試，我們認為增加青少女個案的個別輔導時候有助改善她們的性行為習慣。同時，增加跨專業合作亦為這群隱蔽的次群體提供更全面的性與生殖健康服務及預防教育。