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**"Translating recommendations and findings into effective actions –
maintaining Hong Kong' slow HIV prevalence"**

EXECUTIVE SUMMARY

Background

The Hong Kong AIDS Foundation (HKAF), a non-governmental and charitable AIDS service organization, was set up in 1991 by a group of volunteers with the commitment and will to fight against the AIDS epidemic. With Mrs. Carrie Lam, Chief Executive of the HKSAR as Patron, and Dr. Leong Che-hung as Chairman, HKAF has the mission of limiting the spread of HIV infection and providing care and support for those affected by HIV/AIDS through working with the government, medical pioneers, the local community and counterparts in Hong Kong and globally.

Members of HKAF come from different walks of life and include medical doctors, professionals in both medical care field and services field, businessmen, community leaders, healthcare workers, tertiary students, general public and people living with HIV (PLHIV). They serve on the Boards and Committees and as volunteers of the Foundation to help move the work forward and give their best to deal with the AIDS cause.

HKAF has been providing services and education activities on HIV prevention in the local community and across the border. At the same time, HKAF relies on fundraising activities and income from other sources to support the implementation of a variety of projects and activities conducive to helping Hong Kong maintain its low HIV prevalence.

Works in 2016 – 2017 & Final Reports

And thanks to the continuous support from the Council for the AIDS Trust Fund, HKAF has been implementing projects on HIV prevention for key populations at higher risk including men who have sex with men (MSM), cross-border travelers, drug users, sex workers and their clients and youth with risk behaviours. In addition, as one of HK's leading service providers for patients or affected people, HKAF has been launching projects on services and empowerment for people living with HIV (PLHIV).

In our final reports namely the **1)** Report of Project 1 – “Running a user-friendly voluntary HIV testing and counselling service for Male clients of female sex

workers (MCFSW) and people with high risk behaviours”; **2)** Report of Project 2 - “Empowerment and safer sex education for people living with HIV (PLHIV) – A project to empower PLHIV and help them maintain good sexual health, conducive to resuming quality lives and achieving effective HIV prevention”; as well as **3)** Report of Project 3 - “Man-d Project – HIV prevention and Sexual Health Programme for Men who have Sex with Men (MSM)”, were presented and submitted on June 30, we believed each of them had clearly shown our achievement and efforts for building a better, a more inclusive society for all of the most vulnerable groups and the PLHIV in a bid to help maintain Hong Kong’s low HIV prevalence.

Objective of Project 1:

- 1) To reach out to male clients of female sex workers (both local CSW and cross-border male clients of female sex workers CBCSW), their spouse, and those who have had high risk behaviours vulnerable to HIV infection and promote early testing and HIV prevention among them;
- 2) To offer immediate emotional support, preventive education and risk assessment to users of the AIDS helpline, online AIDS enquiry service and the related internet intervention; and
- 3) To provide free and confidential HIV testing with pre- and post-test counselling for CSW and those with high risk behaviours, include their spouses, in a bid to bridge them to HIV treatment.

Objective of Project 2:

1. To provide psychosocial support for PLHIV to help them sustain HIV treatment; actualize empowerment for the purpose of increasing self-efficacy, self-acceptance and self-esteem;
2. To promote sexual health and help maintain safer sex practice among PLHIV in order to achieve secondary prevention;
3. To provide services for PLHIV elderly; and
4. To involve PLHIV as peer educators and peer volunteers.

Objective of Project 3:

1. To implement sexual health programmes for MSM community include YMSM, MMSM and cross-border MSM;
2. To promote safer sex practice and sustain their sexual behavioural change among MSM members;
3. To promote early and regular HIV and STI testing; and

4. To mobilize MSM community through frontline workers and peer educators with support from MSM organizations, venues and businesses etc. to participate in HIV/AIDS prevention.

Mainland Projects

Starting in 1996, HKAF, with the support of other funding sources, has been helping the mainland accelerate its response to HIV/AIDS through the provision of capacity building and technical support for mainland AIDS workers on areas such as planning, implementation and evaluation of projects on HIV prevention, care and support for PLHIV, voluntary HIV counselling and testing and management of AIDS service organizations. Help has also been given to PLHIV whose difficulties are aggravated by poverty, enabling them to live a normal life. In 2007, HKAF, in conjunction with the Chinese Association of STD/AIDS Prevention and Control, set up a Collaborating Centre in Beijing for the purpose of doing more to help the mainland address the problem of HIV and AIDS.

International Cooperation

Last but not least, HKAF has been working with counterparts at the regional and international level such as UNAIDS, the Global Fund, WHO and the AIDS Society of Asia and the Pacific (ASAP), to help the global fight against the AIDS epidemic. Our Chief Executive is currently the Executive Committee (ExCo) Member of AIDS Society of Asia and the Pacific (ASAP) representing the Hong Kong AIDS Foundation.

Challenges Ahead

The march of AIDS identifies no boundaries and the spread of HIV/AIDS across the border has been far from mild. With the new “Recommended HIV/AIDS strategies for Hong Kong 2017 – 2021” which have just been released, we will study this spread more carefully and will definitely plan our new missions and new service dimensions accordingly. In addition to those groups with which we have already been working, high risk groups like MSM, CBT travelers between HK and mainland China, and PLHIV, our new target groups will be ethnic minorities. We sincerely hope the Council for the AIDS Trust Fund would give us an opportunity in the near future to show what we are planning to do for the ethnic minorities, as this ever-growing population will pose a great threat to the Hong Kong society if their need to access our HIV education and prevention system is not met.

行政摘要

背景

香港愛滋病基金會（基金會）為一個非政府、關懷愛滋病的慈善團體，由一群具有使命感及意志對抗愛滋病病毒蔓延的義工在一九九一年創立。基金會的使命是阻止愛滋病病毒的蔓延，透過和政府、醫護人員、本地社區及全球不同組織等的合作，為 HIV 受感染人士提供關懷與支持。現時機構贊助人為香港特別行政區行政長官林鄭月娥女士，董事局主席為梁智鴻醫生。

基金會的會員來自不同的背景，當中包括不同界別的專業人士，如醫生、企業家、社區領袖、醫護人員、大專學生、公眾及 HIV 受感染人士（PLHIV）。他們在機構不同的崗位如董事局，義工部門等各司其職，一直推動基金會為愛滋病的防治工作盡最大努力。

基金會在本埠及跨國地區一直不遺餘力提供服務及教育工作。同時，基金會一直有賴籌款活動及來自其他方面的資金支持機構的運作，以舉辦不同種類的企劃及活動，協助維持本地的低 HIV 感染率。

2016-2017 年度的工作及終期報告

全賴愛滋病信託基金委員會長期以來的支持，基金會多年來堅持針對重點高危群組如男男性接觸者（MSM）、跨境旅客、吸毒人士、性工作者及光顧人士和青少年落實執行 HIV 防治工作。作為香港其中一所領先及主要為病人感染者服務的機構，基金會一直秉承賦權感染者的願景，從未停歇為患者及感染者提供服務。

我們所撰寫的終期報告包括 1) 項目一「為光顧女性性工作者的男性（MCFSW）及其他高危人士設立使用者友善的自願性 HIV 檢測及輔導服務」；2) 項目二「針對 HIV 感染者（PLHIV）所作的增權及安全性教育工作——為 PLHIV 增權、協助他們維持良好性健康、有助重拾生活質素及成功有效預防 HIV 而設的項目」；3) 項目三「Man-D」項目——針對男男性接觸者（MSM）的預防 HIV 及宣揚性健康計劃」。我們深信這三項報告能清晰地展示我們在建設對所有弱勢社群及 PLHIV 更具包容性、更融洽的社會及維持香港一直以來低 HIV 感染率上所作的努力及成就。

項目一的目標：

- 1) 接觸光顧女性性工作者的本地和跨境男士（CSW/CBCSW）及其配偶，及其他 HIV 感染高危群組，向他們宣揚及早檢測及預防 HIV 的重要性；
- 2) 為使用愛滋病護助熱線，網上愛滋病查詢服務及其他相關網上外展工作的人士提供即時的情緒支援，預防性教育及風險評估；及
- 3) 為 CSW 及相關的高危群組，例如其配偶，提供免費及保密的 HIV 檢測，及檢測前檢測後的輔導服務。

項目二的目標：

- 1) 為 PLHIV 提供心理支援，協助他們持續地接受 HIV 治療，實行增權（empowerment），增強他們的自信心，自我效能與自我接納程度；
- 2) 宣揚性健康及幫助 PLHIV 維持安全性行為以達至次級預防；
- 3) 為老年 PLHIV 提供服務；及
- 4) 招攬 PLHIV 作朋輩義工及朋輩教導員。

項目三的目標：

- 1) 針對男男性接觸者（MSM）社群包括年輕男男性接觸者（YMSM）、熟年男男性接觸者（MMSM）及跨境男男性接觸者（cross-border MSM）執行性健康教育計劃；
- 2) 在 MSM 社群中宣揚安全性行為的重要性及鼓勵他們持續地進行安全性行為；
- 3) 宣揚及早及定期接受 HIV 和 STI 測試；及
- 4) 透過前線工作人員、教導員和 MSM 團體等鼓勵 MSM 社群積極參與預防 HIV 及愛滋病

中國內地工作

自一九九六年開始，基金會一直依靠不同捐款來源，透過向內地愛滋病範疇工作者在計劃、實踐和檢討 HIV 防治工作、關懷及支持 PLHIV、自願性 HIV 輔導及檢測及機構營運等方面提供幫助，以協助內地遏止愛滋病病毒蔓延。我們亦幫助受貧困所限制的 PLHIV，盡所能令他們能重整生活的軌道。基金會與中國性病艾滋病防治協會建立伙伴關係，於二零零七年在北京設立合作中心，希望進一步加強中港兩地之間在愛滋病議題上的合作。

國際協作

最後，基金會亦與其他組織如聯合國愛滋病規劃署，全球基金及亞太區愛滋病協會

合作，在地區及國際層面上共同奮戰，對抗愛滋病。本會總幹事現代表基金會，擔任亞太區愛滋病協會的執行委員會委員。

未來的挑戰

愛滋病和 HIV 感染無分國界，跨地區的傳染現況亦非輕微。我們定會細心跟進本港愛滋病的最新情況，加上配合「2017-2021 香港愛滋病建議策略」的藍圖，從而因時制宜，制定合適的方案，繼續我們對抗愛滋病的歷程。除了我們現已關注的高危群組包括男男性接觸者（MSM）、跨境的中港旅客、PLHIV 等以外，我們將擴展我們的工作至本地少數族裔。我們深信若少數族裔社群無法得到適切的 HIV 預防教育，將會為本港愛滋病的防治工作帶來影響。因此，我們衷心希望能夠獲得愛滋病信託基金委員會一貫的支持，讓我們能夠在不久的將來展示我們針對少數族裔社群所計劃的工作。