

## **Executive Summary**

### **PPE 654 PJ - Transgender HIV/AIDS prevention and education programme**

Transgender HIV/AIDS Prevention and Education Programme implemented by the TransGender Resource Center (TGR), aims to educate the TransGender (TG) community” and “people having sex with TG” (Trans Admirers) in Hong Kong the concept of HIV/AIDS prevention and safer sex practices through a series of activities.

It is extremely difficult to identify the number of TG and TA in Hong Kong as the groups are invisible due to stigma and discrimination towards them, not to mention people having sex with them. The lack of reference and statistics led to the difficulties in understanding the needs, rights and risks of these two groups.

Owing to the above reasons, the project was designed to provide HIV education and prevention to TG and TA populations, to provide them with sensitive HIV voluntary testing and counselling service and to collect data and statistics on sexual behaviors and practices of these two groups of people in Hong Kong.

To achieve these objectives, TGR proposed to create and provide a safe and secure environment for TG and TA to gather for social activities, as well as to conduct workshops and to hold support groups. The project was designed in line with the community empowerment stage model of HIV prevention. It is found to be more effective to bring people together around a common topic, develop a sense of community and then promote HIV prevention. Workshops, support groups for male-to-female (MtF), female-to-male (FtM) and TA, hotline and online outreach programmes, HIV voluntary counselling and testing (VCT) and questionnaire were conducted during the period of the programme.

To conclude, despite the difficulties in reaching the hidden target group of TA, the goal of the programme has been successfully achieved. TGR found that it is important to educate both TG as well as TA, as TA is the sex partner of TG. We succeeded in connecting with a small number of TA and gained their trust through a series of activities. We have also obtained valuable data from the scheme, though more research is necessary for a comprehensive understanding of both groups. The target groups received support under the design of the programme. More resources needed to be put in for research for both TG and TA. There is also a genuine and urgent public health need to continue this project to sustain the impact made in view of the steep rise of the new TG HIV infection cases. However, we believe that with more public, TG will receive more support from the society and less discrimination towards them will result.

## **PPE 654 PJ – 撮要**

由跨性別資源中心進行的「針對跨性別人士愛滋病教育及預防計劃」，旨在透過一系列活動，教育香港跨性別社群和跨性別人士的性伴侶有關預防愛滋病和安全性行為等知識。

社會對跨性別人士的歧視，令這個群體變得隱閉，更遑論他們的性伴侶，所以這兩個群體的確實人數很難得知。缺乏參考和統計數據，導致了解這兩個群體的需要、權利和受感染愛滋病的風險變得困難。

計劃設計針對兩個群體的特性，提供一個安全的環境，為他們舉辦社交活動、工作坊和支援小組。計劃根據社區賦權階段模式設計。這個模式認為以共同興趣將參加者凝聚，建立社群的感覺，對促進愛滋病預防工作更有效。在計劃內，我們進行了愛滋病自願性輔導和測試，提供熱線電話和網上外展服務、舉辦工作坊和支援小組，並收集這兩個群體的性行為的相關統計數據。

儘管在接觸目標群體存在困難，計劃仍然成功達到預期目標。這個計劃給予我們有價值的數據，但要全面了解這兩個群體，有需要進行深入研究。鑑於新的愛滋病感染病例急劇上升，我們認為有必要繼續推行這類計劃。我們亦深信，隨著更多社會教育，跨性別將得到更多的社會的認同，而歧視亦會減少。