

## Executive Summary of PPE 614 PM

Project 1: A Platform for HIV/AIDS Prevention, Test and Support

Project 2: Integrated STI/HIV/AIDS Prevention Management for Men who have sex with Men

### Aim and Objectives

The overall aim of the program “A Platform for HIV/AIDS Prevention, Test and Support” was to prevent the spread of HIV/AIDS/STI among female sex workers (FSW) and their clients (FSWC) by increasing their HIV knowledge; promoting safer sex practices like the correct and consistent use of condoms, increasing the number of HIV/STI tests and promoting early treatment.

The objectives were:

1. To raise awareness of STI/HIV among targeted population
2. To increase sexual health knowledge and to promote AIDS risk reduction and management
3. To provide VCT service, follow-up and encourage for regular testing
4. To provide information and referrals for HIV secondary prevention needs of persons living with or have acquired HIV
5. To obtain FSWs activities in Hong Kong and the sex-related Internet forum-geographic-social information mapping and behavioural study ( for project 1 only)

### Project design

This program was a behaviour change communication (BCC) programs targeting FSW and their client. The program had six activities (1) Mapping exercise (2) Information Education Communication (IEC) materials development (3) community outreach (4) Internet outreach intervention (5) STI/HIV testing and counselling service and (6) Telephone helpline.

Activity 1: Mapping exercise was conducted twice in three year. The current situation may be updated regularly.

Activity 2: IEC materials development and distribution. The printing materials' contents were HIV/AIDS/STI knowledge, condom negotiation skills, early testing and early treatment promotion, condom use promotion, etc.

Activity 3 and 4: Community outreach and Internet outreach. Periodic visits different districts by staff members in order to promote safer sex practicing and regular HIV /

Syphilis tests.

Activity 5: STI/HIV testing and counselling service.

The “client-oriented HIV testing and counselling approach for HIV prevention” was be used. A counselling element was important for FSW and their clients. This was significant issue in helping them to be willing to take additional steps towards reducing their risk which is clients’ perceptions of whether they were actually at risk. Follow up STI/HIV treatment was be provided for those participants who were tested positive.

Activity 6: Telephone helpline. Staff members answer questions about health care, treatment options, drug use, prevention, caring for someone with HIV/AIDS/STDs, and other concerns.

Target population

Project 1: female sex workers (FSW) and their clients (FSWC)

Project 2: Men who have sex with men

Main achievements

Project 1: From July 2012 to August 2015, we conducted 623 community outreach sessions and 590 internet outreach sessions with 97,078 safer sex kit distribution. Telephone helplines with 4,031 callers. We provided 2,006 HIV tests and 1,994 Syphilis tests.

Project 2: From July 2012 to August 2015, we conducted 86 community outreach sessions and 447 internet outreach sessions with nearly 35,000 safer sex kit distribution. We provide 1,725 HIV tests and 1,736 Syphilis tests.

Almost all positive cases were referred to further examination or offered a confirmation test in project 1 and project 2. Almost all were referred to Social Hygiene Clinic for Syphilis treatment and follow up. Most identified HIV positive cases were refer to special clinic for further HIV treatment.

Conclusions

The programme has be funded by the AIDS Trust Fund since 2003. The Female sex worker is a mobile population. It is important to raise their awareness about STI/HIV prevention in order to maintain a low HIV infection rate.