

EXECUTIVE SUMMARY MSS293R

Title: Update on clinical and public health HIV management in Hong Kong (HIV Manual)

Aim and Objectives: With the aim of updating practice standard of HIV medicine in Hong Kong, the objectives of the project were to (a) review the practice of clinical and public health HIV medicine focusing on its applications in Hong Kong; (b) revamp the existing online HIV Manual to make way for an updated Manual; and (c) create mobile Apps for facilitating offline access to the new HIV Manual.

Project design: Development of a new HIV Manual.

Target population: HIV physicians, clinical and public health practitioners, trainees and students.

Main achievements: An Advisory Panel was formed comprising specialists from HIV services in Hong Kong. A total of 40 contributors joined the project to review practice of HIV medicine. A new 37-chapter HIV Manual was published which included new chapters in HIV pre-and post-exposure prophylaxis, HIV traveller, chemsex and its implications, and injection drug use and harm reduction. The finalised appendices featured I) Interactive tables on antiretrovirals, II) Collection of recommended guidelines, III) HIV services in Hong Kong, IV) information sources on internet, V) HIV/AIDS report form, and VI) abbreviations. The complete web-version of the Manual was soft-launched on 30 September 2019 <https://hivmanual.hk/> whereas the Apps versions were released on 10 December 2020.

Conclusions: A new HIV manual has become available as reference and training material for updating practice standard of HIV medicine in Hong Kong.

執行摘要 MSS293R

題目：更新香港愛滋病醫學在臨床和公共衛生管理的實踐《愛滋病手冊》

宗旨和目標：項目以更新香港愛滋病醫學的實踐標準為宗旨，目標是（甲）審核愛滋病在臨床和公共衛生方面的實踐，並以香港的應用為重點；（乙）修改舊有的在線愛滋病毒手冊從而更新成為新手冊；（丙）創建手機應用程序，方便離線使用新的《愛滋病手冊》。

項目設計：編寫新的《愛滋病手冊》。

目標人群：愛滋病醫學專科醫生，臨床和公共衛生專業人士，受訓人員和學生

主要成就：由香港的愛滋病專家組成一個顧問小組，邀請 40 位專家審核愛滋病醫學各方面的實踐，共同加入撰寫工作。項目成功出版了共 37 章的新《愛滋病手冊》，其中的新章節包括有關事前和事後預防用藥、愛滋病病毒感染者旅行須知、chemsex 及其影響、使用注射毒品的和緩害等。附錄包括：I) 抗逆轉錄病毒藥物的互動參考表，II) 相關指引，III) 香港的愛滋病服務，IV) 互聯網上的信息來源，V) 愛滋病及感染呈報表和 VI) 用詞縮寫。《愛滋病手冊》的完整網絡版本於 2019 年 9 月 30 日軟啟動 <https://hivmanual.hk/>，而手機應用程式則於 2020 年 12 月 10 日發布。

結論：新編寫的《愛滋病手冊》可供參考和用作培訓材料，藉以更新香港愛滋病醫學的實踐標準。